



RAVENPORT  
RESORT

# Health Club Gym Policy

## ATTITUDE AND ATTIRE

Please do not use the room towels in the gym area. You can use your own towels or rent towels from the health club reception.

Appropriate clothing, including a t-shirt and footwear with closed toes must be worn. Swimsuits are not permitted in the gym.

Abusive language and actions, shouting and noisy behaviour are not prohibited.

The manager reserves the right to dismiss anyone from the gym for any infraction of the rules or when safety is threatened.

For safety reasons, only individuals aged 16 and above are allowed to use the gym facilities.

Only those who have prior experience and are familiar with the gym equipment are allowed to use the gym.

First-time users, who are those who have not used the gym before or are not familiar with the equipment, are not permitted to use the gym without supervision and assistance of the trainer.

Entrance is prohibited to anyone unfamiliar with the use of gym equipment. There is no instructor on duty on the premises.

All persons entering the health club and using the facilities do so at their own risk.

We will not accept responsibility or liability for any injury, loss, fatality or damage caused to any person or property.

Please wipe down the equipment after use.

No equipment is to be moved from its designated area and may not be taken out of the gym.

Please put everything back in its original place after use.

Sound equipment is not permitted except with the use of headphones.

Eating and smoking are strictly prohibited in the gym.

Please report any infractions in the rules and regulations or anything potentially dangerous to management.

In case of an accident, report it to the reception immediately.

Please feel free to ask the reception staff if you have any questions or need assistance. We are here to support you in your fitness journey.