



RAVENPORT RESORT

WILLOW BAR GLUTEN FRIENDLY MENU

GF STARTERS/LIGHT BITES

CREAM OF FRESH SEASONAL SOUP OF THE DAY €8

GLUTEN FREE SODA BREAD (2,12,14)

CAESAR SALAD (V) €10

COS LETTUCE, CRISPY SMOKED BACON, PARMESAN SHAVINGS, GF CROUTONS,
CAESAR DRESSING

(1,2,5, 9,13,14)

ADD SESAME WASABI CHICKEN (1,2,5,7,9,13,14) €13

ADD ZESTY PRAWNS (1,2,3,5,9,13,14) €15

ADD SMOKED SALMON (1,2,5,9,13,14) €15

KILMORE QUAY SEAFOOD CHOWDER €12.50

MIXED FRESH SEAFOOD, CREAM, VEGETABLES, GF SODA BREAD (2,3,4,5,9,12,14)

SEASONAL WARM DUCK SALAD €14.50

WARM DUCK, CASHEL BLUE, CANTELOP MELON, MARINATED TURNIP, GF SPICED
DRESSING (7,8,9,10,13)

6 HOUR PORK BELLY €14.50

FIVE SPICE AND STAR ANISE, ROAST CARROT PUREE, SHAVED FENNEL (2,8,9,12,13)

Allergen Index

1. Eggs, 2. Dairy, 3. Crustaceans, 4. Molluscs, 5. Fish, 6. Peanuts, 7. Sesame, 8. Soya, 9. Sulphur Dioxide,
10. Nuts, 11. Gluten (Wheat, Semolina, Wholemeal, Bran, Rye), 12. Celery, 13. Mustard, 14. Lupin (Barley, Oats)
*Whilst we make every effort to ensure the accuracy & comprehensiveness of our allergen information, all 14
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GF MAIN COURSES

HALF ROAST CHICKEN €20

HALF ROAST CHICKEN, MARKET VEGETABLES, CHAMP POTATO, PAN ROAST GRAVY
(2,9,12)

WILLOW 8OZ BEEF BURGER €19

GLUTEN FREE SESAME BUN, SMOKED PAPRIKA AIOLI, APPLEWOOD CHEDDAR,
TOMATO, LETTUCE AND SMOKED BACON (1,2,9,12,13,14)

GF FRESH FISH OF THE DAY €20

PLEASE CHECK WITH YOUR SERVER (1,2,5,9,12,13)

GREEN THAI CURRY (V) €19

COCONUT MILK, LIME LEAVES, GINGER, LEMONGRASS AND LIME, STEAMED RICE
(7,8,12)

ADD CHICKEN € 21 (7,8,12)

ADD SEAFOOD €24 (3,4,7,8,12)

AUBERGINE STEAK PLATE (V,VE) €18

GRILLED AUBERGINE, AUBERGINE PUREE, AUBERGINE CRISPS (9,13)

CHARGRILLED DUNCAN'S FARM 10OZ SIRLOIN STEAK €33

SAUTEED MUSHROOMS, CARAMELIZED ONIONS, GF CHUNKY CHIPS, FIRE ROAST
PEPPERCORN SAUCE OR GARLIC AND HERB BUTTER (1,2,9,12,13)

WINTER SUPERFOOD SALAD €15

QUINOA ROUGE, SPROUTING BROCCOLI, SWEET POTATO, CANDIED WALNUT, WILD
ROCKET, BABY BEETROOT, LEMON AND WEXFORD HONEY DRESSING (9)

ADD SESAME WASABI CHICKEN €18 (7,8,9)

ADD JESTY PRAWNS €20 (3,4,5,9)

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GF SIDE ORDERS €5

BABY LEAF SALAD (1,7,9,12,13)
CHUNKY CHIPS (9)
VEGETABLES (2,9)

CREAMY MASH POTATO (2,9)
STEAMED RICE (2,7,12)
SWEET POTATO FRIES (2,9)

SANDWICHES GF (AVAILABLE UNTIL 5PM DAILY) MADE TO ORDER - BROWN & WHITE

FRESH AND TOASTED SANDWICHES MADE TO ORDER €10

GF DESSERTS

LEMON MERINGUE ROULADE €9
SICILIAN LEMON CURD, WILD BERRY SORBET (1,2)

GLENFIELD FARM ICE CREAMS €8
RED BERRY COULIS (1,2,6,8,10)

CRÈME BRÛLÉE €9
BERRY COMPOTE (1,2,6,8,10)

IRISH CHEESE BOARD €15
QUINCE JELLY, HOMEMADE APPLE CHUTNEY, FRUIT (2,9,12,13)

STICKY TOFFEE PUDDING €9
STICKY TOFFEE, TOFFEE SAUCE, ICECREAM (1,2,6,8,10)

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